

The Spine & Disc Center

ADVANCED NATURAL PAIN RELIEF THERAPIES

Be Pain-Free, Naturally

By Brigitte Rozenberg, DC



Dr. Brigitte Rozenberg, D.C.

As a chiropractor for over 25 years, my objective and purpose continue to be finding alternative and science-based solutions for treating severe-spinal conditions and other pain-related injuries such as:

- Herniated-and Bulging-Disc
- Spinal Stenosis
- Sciatica
- Muscle Spasms
- Sprain/Strain
- Arthritis
- Headaches
- Neuropathy

All of these conditions can be treated naturally. In most cases, and with so many new medical discoveries, surgery is now considered an "option" or a

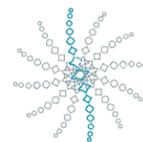
"last resort" rather than a necessity.

Neck and back pain is, for the most part, not a life-threatening condition but mainly life-altering and -disabling conditions. It affects a person's lifestyle and livelihood.

My main goal is to educate my patients on the options that are available to them so they can make an informed decision and understand what each treatment entails.

In my practice, your peace-of-mind and overall body health are our first priorities. This is why we may use a combination of proven treatment solutions to solve even the most challenging back or neck injuries.

In addition to traditional chiropractic manipulation, here are three "natural" pain-management modalities that are used by chiropractors who offer the most state-of-the-art technologies.



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Natural Non-Surgical Treatments

- Accu-SPINA® is a device for non-surgical spinal decompression. Unlike traction, it uses high-tech computer algorithms to target the specific disc in question. It treats herniated, bulging, and degenerative disc disease.
- NeuroMed by MATRIX is an FDA-approved, analgesia-delivery system that blocks pain using high-definition electrical current. This is not a painful procedure.
- MLS Laser technology is an FDA-cleared therapy that treats acute and chronic pain, reduces inflammation, and restore mobility.

Understanding Your Unique Medical Condition

Before treating a patient, a complete review of your medical records and a thorough examination must be done to determine which method of treatment is best for you.

It should be noted that some modalities in the natural pain-relief space are contra-indicated with certain conditions. For example, someone who has a pacemaker would not be a candidate for electrical modalities. Additionally, there are certain spinal conditions in which decompression can't be used. That is why it's extremely important to have your thorough medical history taken prior to treatment and an MRI to determine if you are a candidate.

Mineralgia

In addition to a comprehensive evaluation, every treatment that we provide includes an application

of Mineralgia, a natural, pain-relieving cream that I created for my patients 15 years ago as a first step to achieving immediate, long-lasting relief from aches, pains, muscle- and joint-soreness associated with arthritis, sprains, minor injuries, and overexertion. The powerful ingredient that it contains is sea salt, sourced from Israel's Dead Sea, which is known for being rich in healing minerals. Salt acts as a magnet to inflammation.

The opioid crisis has increased the urgency to explore natural approaches to pain relief. *According to the Centers for Disease Control and Prevention, almost 450,000 people died from an overdose involving prescription- and illicit-opioids between 1999 and 2018. That's a clear indicator that drugs have become more of a problem than a solution.

Granted you can always take medication or go under the knife, but it's worth taking advantage of recent advances in science and technology to employ a more natural solution first.

This is the reason I offer a free consultation for anyone who would like me to review their diagnostic results to see if they would be a candidate for our non-invasive spinal-decompression treatment thus avoiding opioids and possible surgery.

The body is a complex machine, however, when providing the right environment, it has the ability to heal itself and restore itself to its original function.

*[cdc.gov/drugoverdose/epidemic/index.html](https://www.cdc.gov/drugoverdose/epidemic/index.html)

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